1. Start in the car park across the road from Pendle Heritage Centre. Go through the gate and follow the river to emerge at the road. Go left over the bridge, cross the road and turn immediately right by Higherford Mill. Follow the road past the last house on the right where you take the path alongside the river. The path takes you to Watermeetings, the confluence of Blacko Water and Pendle Water.

2. At Watermeetings turn right over the bridge then immediately left. Follow the track round to the right and go over the footbridge. Veering right, cross the field as a stile on the skyline. Blacko Tower is visible to the right. Go straight over the field to a stile, continue across the field to the next stile then follow the open field on your right to the farm. Skirt to the left of Blacko Foot Farm to reach the road.

3. Turn right down the road until just past the bridge. Turn left and follow the river on your left, crossing two stiles then emerging through a small wood up to a lane.

4. Go left over the bridge then turn right down some steps to cross a stream. Keeping Admergill Water on your right, carry on for some 300 metres, before bearing uphill to a stile. Cross this field and the next, until you reach a stile, leading into the grounds of the house at Lower Admergill. Use the bridge on the right shortly before the house. Keep to the right of the house and turn left when you reach the lane.

5. Pass in front of Admergill Hall and continue along the lane, going straight on over a stile at the bend. Cross two fields, bearing right at the end to a stile and cross the stone bridge. Climb uphill, bearing left near the top to reach Gisburn Road.

6. Cross the road to the stile on the left. Proceed diagonally left uphill and follow the stone wall to an iron gate. Keep the farm to the left and climb the stile leading to the wall. Keep to the right of the farm and turn left when you reach the lane.

7. Pass in front of Bancroft Mill and continue along the lane, going straight on over a stile at the bend. Cross two fields, bearing right at the end to a stile and cross the stone bridge. Climb uphill, bearing left near the top and emerge onto Gisburn Old Road.

8. Turn left on the lane and continue for half a mile to Weets House Farm. Through the gate, turn right along the track. To your left is the triangulation point at Weets Hill.

9. Follow the wall downhill, crossing three stiles. Just before the end of the last field turn right over a stile onto a lane. Turn left and carry on to reach a modern housing estate. Opposite Elm Close turn left and immediately left again through a gate. Climb two stiles before the track bears left to another stile. Go straight over the field to the corner and turn right into Esp Lane. Carry on down into turning left into Westgate.

10. Turn right before the car park opposite John Street. Follow the path past the former Ouzeldale sawmill, later an iron foundry. At the end, turn right up Forty Steps. The path emerges on Cnile Road opposite Bancroft Mill.
The Pendle Way covers a variety of terrain and you are likely to encounter some muddy stretches. Weather conditions can change suddenly so be prepared for all eventualities.

- Wear stout, waterproof boots
- Take waterproof clothing
- Carry a compass and map
- Inform someone of your route
- Allow plenty of time
- Keep dogs on a lead across farmland and under close control at all other times

Barnoldswick Tourist Information Centre
Tel: (01282) 666704

Pendle Tourist Information Centre
Tel: (01282) 661701

The Pendle Way is well signposted.

Old Bridge, Higherford

Blacko Foot Farm and Burn Moor

Pendle Water, Higherford

Barrowford - Barnoldswick

Section ONE - 11km (7miles)